

Zumba Classes

A fun way for over 50s to keep fit!

A perfect combination of Latin
dance, fitness and fun.

Starting Wednesday 18th
January 2012
11am – 12 noon

Poynton Community
Centre

Cost £3.00
per session



ZUMBA®

fitness

For more information call
01625 612958

www.ageukcheshireeast.org
New Horizons Centre,
Henderson Street, Macclesfield,
Cheshire SK11 6RA

